

# CB-BK WE1 2026: Session: 2: COACH evaluation sheet for TEAM: PZC

Coachinfo: Warming up from: 12:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Beerten Ine

Coaches: Dekoninck Nicole

Coaches: Tisson Fabienne

Coaches: Rommers Dien HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 12: 400M FREESTYLE MEN 11-12 Heat:11, starttime: 17:22

Heat: 11/12 Lane : 8 Athlete: BOLLEN WARRE Q-time: 05:06:74

PB (50m pool): 05:06.74 Antwerpen 19/04/2026 PB (25m pool): 05:10.97 SB: 05:06.74 Antwerpen 19/04/2026

|    | 5 0 M     | 1 0 0 M   | 1 5 0 M   | 2 0 0 M   | 2 5 0 M   | 3 0 0 M   | 3 5 0 M   | 4 0 0 M   |
|----|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| PB | 00:32.94  | 01:11.06  | 01:50.92  | 02:31.06  | 03:10.82  | 03:51.09  | 04:31.32  | 05:06.74  |
|    | 00:32.94  | 00:38.12  | 00:39.86  | 00:40.14  | 00:39.76  | 00:40.27  | 00:40.23  | 00:35.42  |
|    | . . . . . | . . . . . | . . . . . | . . . . . | . . . . . | . . . . . | . . . . . | . . . . . |

Coach feedback:

Event number: 13: 100M BACKSTROKE WOMEN 13-14 Heat:9, starttime: 17:52

Heat: 9/15 Lane : 3 Athlete: MAES LEONIE Q-time: 01:15:02

PB (50m pool): 01:18.57 Seraing 25/01/2026 PB (25m pool): 01:15.02 SB: 01:18.57 Seraing 25/01/2026

|    | 5 0 M     | 1 0 0 M   |  |
|----|-----------|-----------|--|
| PB | 00:37.94  | 01:18.57  |  |
|    | 00:37.94  | 00:40.63  |  |
|    | . . . . . | . . . . . |  |

Coach feedback: